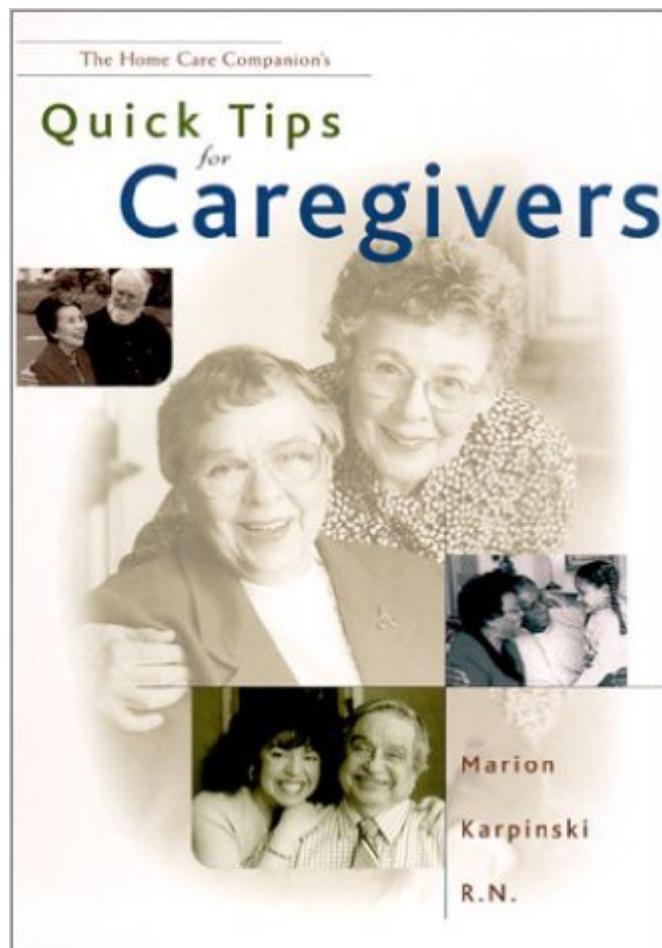


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# Quick Tips For Caregivers



## **Synopsis**

Quick Tips for Caregivers is an information-packed book that will provide you with all of the hands-on caregiving advice and instruction you will need every day. A user-friendly format allows you to find the information you want quickly and easily. Quick Tips is a resource you will refer to over and over whether you are new to caregiving or have provided care before. Perfect for family or professional caregivers! Available in English, Spanish and Chinese editions. Quick Tips contains practical, easy-to-follow descriptions and clear illustrations on basic nursing procedures, including:

How to position someone in bed How to help someone in and out of a wheelchair without hurting yourself How to give a bed bath Protecting your back Infection control Plus vital information on:

Preparation after hospital discharge Taking care of the caregiver Nutrition for health and well being

Tips for fall-proofing your home Hiring in-home help

## **Book Information**

Paperback: 217 pages

Publisher: Medifecta Healthcare Training; 2 edition (November 15, 2000)

Language: English

ISBN-10: 0965387399

ISBN-13: 978-0965387392

Product Dimensions: 1 x 7 x 10 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ  See all reviewsÂ (7 customer reviews)

Best Sellers Rank: #1,187,588 in Books (See Top 100 in Books) #103 inÂ Books > Medical Books > Medicine > Home Care #600 inÂ Books > Parenting & Relationships > Aging Parents #2469 inÂ Books > Health, Fitness & Dieting > Aging

## **Customer Reviews**

Four stars! This is a worthwhile book that should be on the shelf of every in-home caregiver. Highly recommended. --National Alliance for Caregiving, Family Care Resource Connection

Quick Tips for Caregivers provides the non-specialist general reader with a thorough and completely accessible course of instruction in basic caregiving procedures and techniques..."Must" reading for anyone charged with homecare responsibility for an elderly or infirm family member... --The Bookwatch

Quick Tips is one of the most educational and accessible books in the field of caregiving today. Karpinski has thought deeply about what long family caregivers need most, and presents it in a most caring, comforting way. A definite must-have. --Beth Witrogen McLeod, author, Caregiving:

## The Spiritual Journey of Love, Loss and Renewal

Marion Karpinski, R.N., is a recognized expert in the field of caregiver training. A registered nurse for over 35 years, Ms. Karpinski has developed a series of nationally acclaimed DVDs, books and caregiver training programs devoted to teaching care providers basic caregiving and communication skills. Ms. Karpinski is President of Medifecta Healthcare Training in Medford, Oregon.

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